

## CRISIS-TO-OWNERSHIP INITIATIVE

Church Project Plan — Printable Version

---

### PROJECT TITLE

Crisis-to-Ownership Community Support Project  
A 90-Day Church-Led Support Initiative

---

#### 1. Project Purpose

To provide a simple, responsible, non-clinical support structure for individuals in the first 90 days after crisis. This project equips churches to offer steady encouragement, daily direction, and community presence without taking over someone's recovery or replacing professional care.

---

#### 2. The Need

Across the United States, individuals often fall through the cracks immediately after crisis. National patterns show:

- Over 70% of overdose deaths occur when a person is alone
- The highest-risk window is the first 48–72 hours after crisis
- No-show rates for first behavioral-health appointments average 30–60%
- Most recidivism occurs within the first 90 days

This project helps churches close the gap between crisis and stability by offering simple, repeatable support that reinforces ownership and daily rhythm.

---

#### 3. Target Beneficiaries

Primary:

Individuals in the first 90 days after crisis, relapse, or major life disruption.

Secondary:

Families, caregivers, and community members seeking responsible ways to support someone without enabling or rescuing.

Partner Agencies:

Sheriff's departments, police departments, EMS, ER staff, drug court judges, day report programs, probation and parole, community corrections, QRT teams, fire departments, dispatch, detox intake, jail intake, counselors, and social workers.

---

#### 4. Project Scope

This project includes:

- Distributing the field edition of Crock Pots & Common Sense — The First 90 Days
- Directing individuals to the 14-episode coaching system (all under 3 minutes)
- Providing simple, non-clinical support using the Community Response Page
- Encouraging daily ownership and consistency
- Maintaining healthy boundaries
- Tracking engagement and outcomes

This project does not include:

- Counseling
- Treatment
- Crisis response
- Legal guidance
- Case management
- Supervision
- Financial support

The church's role is support, not replacement of professional systems.

---

#### 5. Project Objectives

- Help individuals stay engaged during the first 90 days
- Reinforce daily rhythm and personal responsibility
- Provide a safe, consistent point of community contact
- Strengthen partnerships with local agencies
- Reduce early disengagement and isolation
- Offer a sustainable, repeatable ministry model

---

#### 6. Implementation Plan

Step 1 — Identify a Small Volunteer Team

2–5 responsible adults who can maintain boundaries and consistency.

Step 2 — Review the Community Response Page

This page provides the church's support framework:  
Open Community Response Page

Step 3 — Connect With Local Partners

Introduce the initiative to:

- Sheriff & police departments
- EMS & ER staff
- Drug court & day report
- Probation & parole
- Community corrections
- Detox & jail intake

Explain that the church offers support, not services.

#### Step 4 — Distribute the Book

Provide Crock Pots & Common Sense — The First 90 Days to individuals at the moment of transition.

#### Step 5 — Direct Individuals to the Coaching System

All coaching videos are under three minutes:  
If You Received This Book

#### Step 6 — Provide Weekly Check-Ins

Simple, steady, non-intrusive:

- “What’s your next right step today?”
- “Don’t restart. Resume.”
- “Pick up where you left off.”

#### Step 7 — Track Engagement

Record:

- Books distributed
- Individuals supported
- Weeks of engagement
- Community partnerships

#### Step 8 — Evaluate and Adjust

Review outcomes every 30 days.

---

### 7. Volunteer Responsibilities

Volunteers will:

- Encourage daily use of the book
- Reinforce ownership
- Maintain boundaries
- Avoid rescuing or taking over

- Direct individuals to professional help when needed
- Stay consistent and present

Volunteers will not:

- Provide counseling
- Provide financial support
- Provide transportation unless approved
- Supervise or monitor
- Make promises
- Replace professional systems

---

## 8. Required Resources

- Printed copies of the field edition book
- Access to the coaching system
- A small volunteer team
- Basic tracking sheet (digital or paper)
- Optional: partnership with local agencies
- Optional: underwriters for printing

---

## 9. Budget (Optional)

Churches may include:

- Book printing or purchasing
- Volunteer materials
- Outreach materials
- Optional refreshments for meetings
- Optional training sessions

This project can be run with minimal cost.

---

## 10. Evaluation & Reporting

Churches evaluate success by:

- Number of individuals supported
- Duration of engagement
- Stability indicators
- Feedback from volunteers
- Feedback from partner agencies
- Continuity of participation

Success is measured by engagement, stability, and continuity, not perfection.

---

## 11. Contact for Support

For additional materials, partnership opportunities, or questions:

Email: [Into@WalterAdkinsJr.com](mailto:Into@WalterAdkinsJr.com)

Subject Line: Church Project Inquiry — Crisis-to-Ownership Initiative